

Turning Point

Media: collage or drawing materials

Consider a time in life that seemed to be a turning point that might relate to a current issue or that held importance in terms of personal development. Create an art image reflecting the memory of that turning point and discuss thoughts, emotions related to it. Then create an art image zoning in on an important aspect of that turning point that can be viewed as a strength or an enhancing quality that furthers a person's ability to cope and move forward in life.