

Story Collage:

- I used this with adolescent males in group therapy, should work well with

Other teens and adults, and could be adapted for smaller children.

- Pre-select collage pictures (helps with endless paging through magazines).
- Clients pick 8-12 pictures (or whatever number you determine).
- Clients then arrange the pictures in order to make a story.
- If in dyads, or small groups, they must work together to decide on how the story will be arranged.
- Using a long roll of paper, like a scroll, arrange the pictures in order and glue them.
- Then, clients have the option to write/ describe the story below, or
- They can simply share the story and discussing their choices.
- They can give it a title as well.
- The story can be "free" or can have any number of themes, such as overcoming an obstacle, about the treatment center, something the client or clients have learned, or whatever.