

2022

Pathway to Professional Art Therapy:101

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Agenda

- 8:30am Open Check-In
- 9:00am - 10:45am Objective 1 & 2
- 10:45am - 11:00am Break
- 11:00am - 12:00pm Objective 3 & 4
- 12:00pm - 12:30pm Lunch
- 12:30pm - 1:30pm Art experience
- 1:30pm - 2:30pm Group Discussion
- 2:30pm - 2:45pm Break
- 2:45pm - 3:45pm Objective 5 & 6
- 3:45pm - 4:00pm Closing discussion & Evaluations

Objectives:

1. Participants will be able to identify the steps to attaining and maintaining licensure in Kentucky and National credentialing.
2. Participants will be able to articulate the difference between licensure and national credentialing.
3. Participants will be able to apply understanding of how taxonomy codes affect practice.
4. Participants will be able to identify supervisor and supervisee requirements for state licensure and national credentialing.
5. Participants will discuss the advantages, drawbacks, and adaptations of practicing art therapy in a digital world.
6. Participants will be able to compare/contrast difference venues of art therapy employment.



Art Check-in



ATCB : Art Therapy Credentials Board

ATCS : Art Therapy Certified Supervisor

ATR : Registered Art Therapist

ATR-P : Registered Art Therapist Provisional

BC : Board Certified

ATR-BC : Registered Art Therapist - Board Certified

ATCBE : Art Therapy Credentials Board Examination

CBT : Computer Based Testing

LPAT : Licensed Professional Art Therapist

LPATA : Licensed Professional Art Therapist Associate

LPAT-S : Licensed Professional Art Therapist Supervisor

KAR : Kentucky Administrative Regulations

KRS : Kentucky Revised Statutes

BAS : Board Accredited Supervisor

Board Examination: the exam related to becoming a Board Approved Supervisor

Panel : list of contracted (payable) therapists for insurance companies, related to credentialing

BAA : Business Associate Agreement

HIPPA : Health Insurance Portability and Accountability Act

BATA : Buckeye Art Therapy Association

CAQH : Council for Affordable Quality Healthcare (Pro View)

CE : Continuing Education

KYATA : Kentucky Art Therapy Association

MCO : Managed Care Organization

NBCC : National Board for Certified Counselors

NPI : National Provider Identifier

PESI : Professional Education Systems Institute

CACREP : Council for Accreditation of Counseling and Related Educational Programs

EOB : Explanation of Benefits

NCCA : National Commission of Certifying Agencies

CAAHEP: Commission of Accreditation of Allied Health Education

Acronyms and Terms

Related to ATCB (National)

Related to LPAT (Kentucky)



AATA Definition of Art Therapy

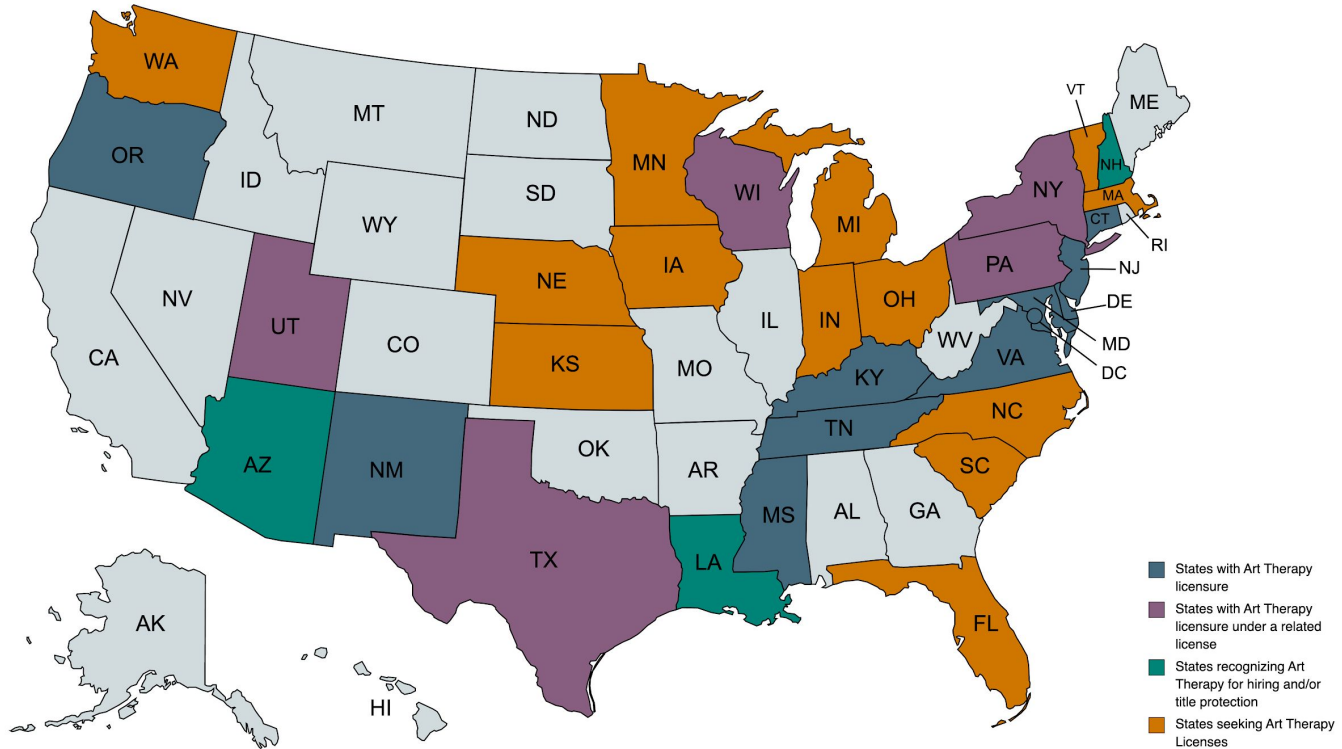
Art Therapy is an integrative mental health and human services profession that enriches the lives of individuals, families, and communities through active art-making, creative process, applied psychological theory, and human experience within a psychotherapeutic relationship.

Art Therapy, facilitated by a professional art therapist, effectively supports personal and relational treatment goals as well as community concerns. Art Therapy is used to improve cognitive and sensory-motor functions, foster self-esteem and self-awareness, cultivate emotional resilience, promote insight, enhance social skills, reduce and resolve conflicts and distress, and advance societal and ecological change.

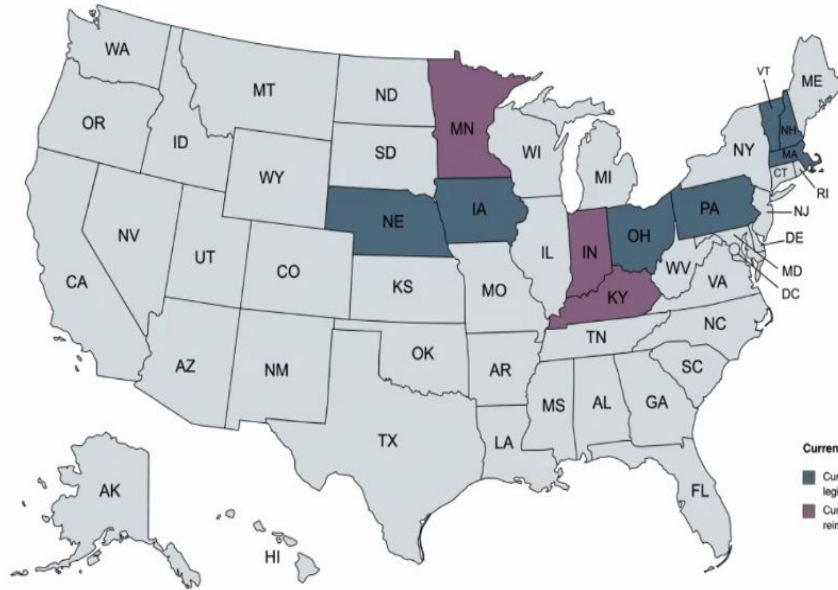
Art therapists are master-level clinicians who work with people of all ages across a broad spectrum of practice. Guided by ethical standards and scope of practice, their education and supervised training prepares them for culturally proficient work with diverse populations in a variety of settings. Honoring individuals' values and beliefs, art therapists work with people who are challenged with medical and mental health problems, as well as individuals seeking emotional, creative, and spiritual growth.

Through integrative methods, art therapy engages the mind, body, and spirit in ways that are distinct from verbal articulation alone. Kinesthetic, sensory, perceptual, and symbolic opportunities invite alternative modes of receptive and expressive communication, which can circumvent the limitations of language. Visual and symbolic expression gives voice to experience, and empowers individual, communal, and societal transformation.

Licensure Map



*CACREP Accreditation



Current Legislation

- Currently active licensure legislation
- Currently active insurance reimbursement legislation

ACTIVE ART THERAPY LEGISLATION

Licensure in Kentucky

- Runs concurrently to national licensure
- LPATA removes need for ATR-P in Kentucky
- LPATA applicaiton precedes the beginning of ATR national credential Licesures available in Kentucky:
 - LPATA
 - LPAT
 - LPAT-S

Kentucky Licensure



LPATA Application

Fulfill the requirements for education for ATR, internship verifications, pay \$100 fees, job description on employer letterhead, complete application, secure your supervisor and submit supervisory agreement with supervisor signature.

Limit 5 year term as LPATA

Must renew every 2 years:

\$100 fee, 18 CE hours in relevant areas



- Study for the exam
- Apply to take the ATCBE (application & fee \$275)
- Take the exam within 6 months of approval
- Successfully obtain a passing score
- Submit a formal request for scores to be sent to LPAT board

LPAT Application

Complete application with documentation of experience, graduate and undergraduate degrees, list of internships, supervision verification, categorizing curriculum into guidelines, submit official transcripts, and proof of ATCBE scores or ATR-BC status.

Pay \$200 fees

LPAT Renewal

Required every 2 years
40 hours of CEs
\$200 renewal fee

National Credentialing

- Runs concurrently to our state licensure
- Requires 1000 hours of experience for ATR (prerequisite)
- 50 of the 100 required supervision hours required to be from ATR-BC or ACTS
- Direct hours and supervision required differs with non AATA or CAAHEP accredited degree programs
- Passing the ATCBE isn't designated by a particular score, but determined with analysis of that particular test, you must wait to know if your score was passing.



ATR

Application

Submit verification of educational experience, payment, practicum experience, 1,000 hours post master's experience, 3 positive references (1 from an ATCB credential holder).

Must renew every year by June 30

Pay \$100 fee and complete ethics attestation

ATCBE

Passing score of and move on to obtain the BC designation with your ATR



ATR-BC

Submit \$75 fee and application through MYATCB portal

ATR-BC

Renewal

Expires June 30 every year

Renewal opens in April
\$100 fee and complete ethics attestation

ATR-BC

Recertification

Required every 5 years along with the annual renewal

Either accrue 100 CE hours or re-take and pass ATCBE
\$100 fee

To be or not to be a Supervisor

Per ATR [Website](#): *Please note as of 2021 the ATCS standards were updated. There is a one-year grandfathering period should an applicant choose to follow the previous standards. Applicants opting to be grandfathered must have their applications submitted by December 31, 2021.



LPAT-S

Must have 4 years as an LPAT, submit Application for Examination Continuing Education Credit form, submit application for BAS test (\$30) and return it within 30 days of receipt with a passing score of 80%.

Renewal every 3 years. Must complete the BAS process 90 days prior to expiration.

Limits of 6 supervisees, 1:10 ratio for supervision hour to client contact hours for supervisees, limit 25 hours for qualifying group supervision. Supervision must be face-to-face 2x per month of the 4x per month meetings. Supervisees must submit supervisory agreement with BAS certificate from supervisor, display or provide notice to clients about supervisory status, and keep logs of supervisory hours and content.



ATCS

Complete Disciplinary & Litigation History,
2 years of ATR-BC experience, 10 hours of supervision CEs, 500 hours of art therapy supervision experience, Verification of Supervision Form, Professional Disclosure Statement, one letter of endorsement from an ATR-BC, pay fee.
\$25 Annual annual renewal fee with ethics attestation



Full roadmap to licensure/credentialing

Art Therapist Licensing and Credentialing

Kentucky Licensure



LPATA Application

Fulfill the requirements for education for ATR, including verifications; pay \$100 fee; job description on employer letterhead, complete application; secure your supervisor and submit supervisory agreement with supervisor signature.

Land 3-year term as LPATA. Must renew every 2 years; \$100 fee, 18 CE hours in relevant areas.



- Study for the exam
- Apply to take the ATRBC (application & fee \$275)
- Take the exam within 6 months of approval
- Successfully obtain a passing score
- Submit a formal request for access to be sent to LPAT Board

LPAT Application

Complete application with documentation of experience, graduate and undergraduate degrees, list of internships, supervision verifications, categorizing curriculum into guidelines, submit official transcripts, and proof of ATRBC status as ATR-BC status. Pay \$200 fee.

LPAT Renewal

Required every 2 years
48 hours of CE
\$200 renewal fee



LPAT-S

Must have 4 years as an LPAT; submit Application for Examination Certifying Education Credits form; submit application for BAS test (\$30) and return it within 30 days of receipt with a passing score of 80%.

Renewed every 3 years. Must complete the BAS process 90 days prior to expiration.

LIMITS of 6 supervisors, 1:10 ratio for supervision hour to client contact hours for supervisors, limit 75% base for qualifying group supervision. Supervision must be face-to-face 2x per month of the 4x per month meetings. Supervisor must submit supervisory agreement with BAS certificate from supervisor, delay or provide notice to clients about supervisory status, and keep logs of supervisory hours and content.

National Credentialing



ATR Application

Submit verification of educational experience, payment, practicum experience, 1,000 hours post-master experience, 3 positive references (1 from an ATRBC credential holder).

Must renew every year by June 30. Pay \$100 fee and complete ethics attestation.

ATCBE

Passing score of and move on to obtain the BC designation with your ATR.



ATR-BC

Submit \$75 fee and application through MHSTCC portal.

ATR-BC Renewal

Expires June 30 every year
Renewed online in April
\$100 fee and complete ethics attestation

ATR-BC Recertification

Required every 3 years along with the annual renewal.
Either earn 100 CE hours or re-take and pass ATRBC.
\$100 fee



ATCS

Complete Disclosure & Eligibility History
3 years of ATR-BC experience, 10 hours of supervision CE, 500 hours of art therapy supervision experience, Notification of operation from Professional Disclosure Statement, one letter of endorsement from an ATR-BC, pay fee.

\$25 Annual annual renewal fee from ethics attestation.



Let's Get Creative

Everyone needs an art break!





No Surprises Act





No Surprises Act

Federal Law passed in late 2020; effective January 1, 2022

Goal: Protect consumers from “out of network” bills

Good Faith Estimate

<https://www.cms.gov/nosurprises>

The Cost of Doing Business

General costs associated with licensing and practice.

Item	Frequency	Cost
<u>KYATA Membership</u>	Yearly	\$15.00 (student) \$30.00 (professional)
<u>AATA Membership</u>	Yearly	\$59.00-\$175.00 based on type
<u>LPATA Application</u>	Yearly Bi-Yearly	\$100.00
<u>LPAT Application</u>	Bi-yearly	\$200.00
<u>ATR</u>	Application	\$125.00
<u>ATR-BC</u>	Yearly Renewal, 5 yr recertification	\$100.00
<u>LPAT/ATR-BC Test</u>	Per Test	(paper) \$275.00 (online)
Training	9-20 hours yearly	Varies
Supervision	Per incident	\$50-\$100+



LPATA Application

Fulfill the requirements for education for ATR, internship verifications, pay \$100 fees, job description on employer letterhead, complete application, secure your supervisor and submit supervisory agreement with supervisor signature.

Limit 5 year term as LPATA

Must renew every 2 years:

\$100 fee, 18 CE hours in relevant areas



ATR Application

Submit verification of educational experience, payment, practicum experience, 1,000 hours post master's experience, 3 positive references (1 from an ATCB credential holder).

Must renew every year by June 30

Pay \$100 fee and complete ethics attestation

LPAT

Renewal

Required every 2 years

40 hours of CEs

\$200 renewal fee



License/Credential Maintenance

ATR-BC

Renewal

Expires June 30 every year

Renewal opens in April

\$100 fee and complete ethics attestation

ATR-BC

Recertification

Required every 5 years along with the annual renewal

Either accrue 100 CE hours or

re-take and pass ATCBE

\$100 fee

Liability Insurance

- Do I need it?
 - <https://www.cphins.com/what-is-professional-liability-insurance-for-mental-health-providers/>
- How much will it cost me?
 - <https://www.insureon.com/therapy-counseling-business-insurance/cost>
- Consider Workman's Comp insurance as well with independent practice (such as LLC or contracting)





NPI

- What is it?
- Why do I need it?
- Do I have one?
- If not, how do I get one?
- Do I have to do anything after making one?
- What if I lose/forget it?

Taxonomy Code

- May pick more than one, but must identify a primary code
- Art Therapy Code: 221700000X
 - Options of Health Care Provider Taxonomy Code Set

The APA was not included in creating the definitions for these codes

<https://www.apaservices.org/practice/update/2006/11-16/choosing-taxonomy>



Taxonomy Codes

Art Therapy 221700000X

(1) An individual who uses art to achieve the therapeutic goals of symptom relief, emotional integration, and recovery from or adjustment to illness or disability. (2) An art therapist uses a form of treatment that enables patients with mental or physical disabilities to use art as a way of expressing and dealing with feelings and inner conflicts. (3) An individual who uses arts modalities and creative processes during intentional intervention in therapeutic, rehabilitative, community, or educational settings to foster health, communication, and expression; promote the integration of physical, emotional, cognitive, and social functioning; enhance self-awareness; and facilitate change.

Counselor 101Y00000X

A provider who is trained and educated in the performance of behavior health services through interpersonal communications and analysis. Training and education at the specialty level usually requires a master's degree and clinical experience and supervision for licensure or certification.

Sub Categories:

- Addiction (Substance Use Disorder) - 101YA0400X
- Mental Health - 101YM0800X
- Professional - 101YP2500X

Medicaid Provider Number

- What is it?
- Why do I need it?
- Do I have one?
- If not, how do I get one?
 - Complete one of the applications with the MCO's
 - It can take up to 90 days to process
- Do I have to do anything after making one?
- What if I lose/forget the number?

[Medicaid Partner Portal](#)

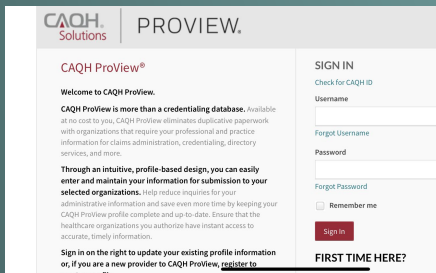


LUNCH

Followed by our art experiential!

CAQH Profile

- What is it?
- Why do I need it?
- Do I have one?
- If not, how do I get one?
- Do I have to do anything after making one?



CAQH. Solutions | **PROVIEW.**

CAQH ProView®

Welcome to CAQH ProView.

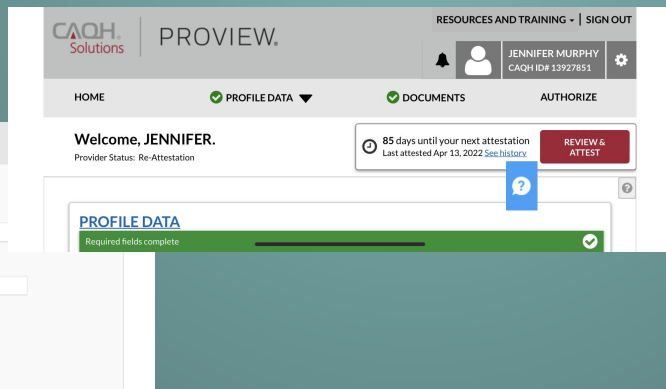
CAQH ProView is more than a credentialing database. Available at no cost to you, CAQH ProView eliminates duplicative paperwork with organizations that require your professional and practice information for claims administration, credentialing, directory services, and more.

Through an intuitive, profile-based design, you can easily enter and maintain your information for submission to your selected organizations. Help reduce required for your administrative information and save even more time by keeping your CAQH ProView profile complete and up-to-date. Ensure that the healthcare organizations you authorize have instant access to accurate, timely information.

Sign in on the right to update your existing profile information or, if you are a new provider to CAQH ProView, register to create a profile.

SIGN IN
Check for CAQH ID
Username
Password
Forgot Username
Forgot Password
 Remember me
Sign in

FIRST TIME HERE?



CAQH. Solutions | **PROVIEW.**

RESOURCES AND TRAINING - | SIGN OUT

JENNIFER MURPHY
CAQH ID# 13927851

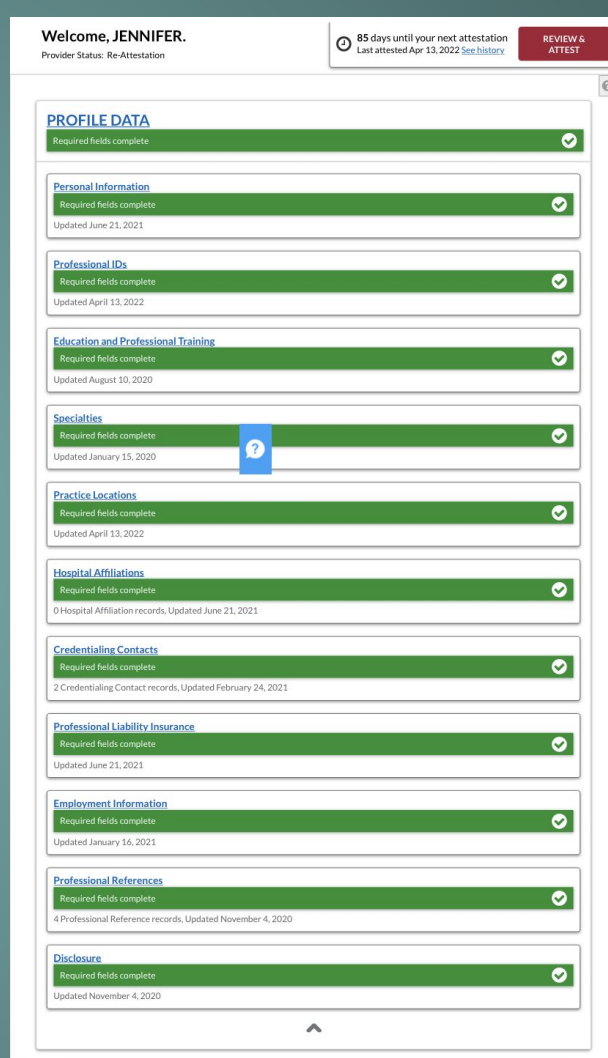
HOME **PROFILE DATA** DOCUMENTS AUTHORIZE

Welcome, JENNIFER.
Provider Status: Re-Attestation

85 days until your next attestation
Last attested Apr 13, 2022 [See history](#)

REVIEW & ATTEST

PROFILE DATA
Required fields complete



Welcome, JENNIFER.
Provider Status: Re-Attestation

85 days until your next attestation
Last attested Apr 13, 2022 [See history](#)

REVIEW & ATTEST

PROFILE DATA
Required fields complete

Personal Information
Required fields complete
Updated June 21, 2021

Professional IDs
Required fields complete
Updated April 13, 2022

Education and Professional Training
Required fields complete
Updated August 30, 2020

Specialties
Required fields complete
Updated January 15, 2020

Practice Locations
Required fields complete
Updated April 13, 2022

Hospital Affiliations
Required fields complete
0 Hospital Affiliation records, Updated June 21, 2021

Credentialing Contacts
Required fields complete
2 Credentialing Contact records, Updated February 24, 2021

Professional Liability Insurance
Required fields complete
Updated June 21, 2021

Employment Information
Required fields complete
Updated January 16, 2021

Professional References
Required fields complete
4 Professional Reference records, Updated November 4, 2020

Disclosure
Required fields complete
Updated November 4, 2020

Commercial Insurance Panels

Credentialing with private insurance

Each provider has a portal you will access and complete the application process under “Provider Enrollment”

Below is listed some of the common panels therapists choose to apply to:

- Cigna
- TriCare
- Aetna Commercial
- Anthem Blue Cross Blue Shield of Kentucky
- Humana Commercial
- United Healthcare

You will contract your cost with them and can apply for increases over time.

Use an address other than your own unless you want clients to have it on their EOB

Have to reconstruct each time you change job venue.

*Apply individually or with your practice/group.

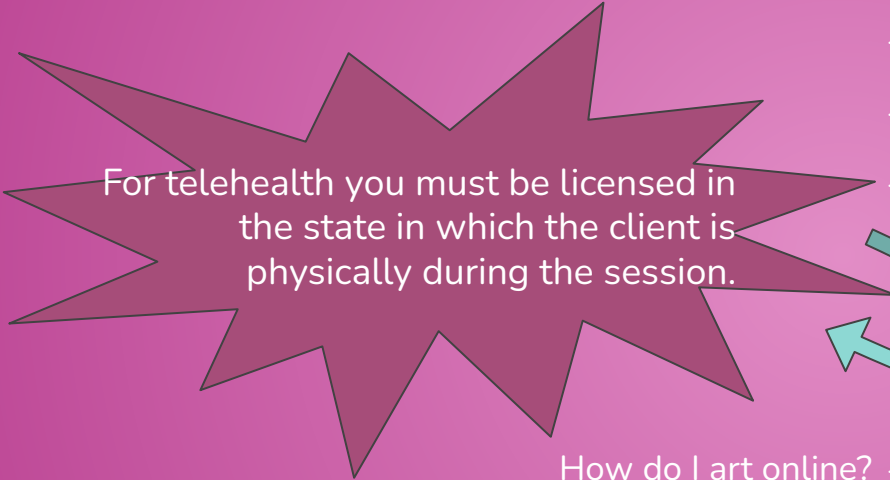


Am I job ready?

<input type="checkbox"/>	LPATA Application/Secure Supervisor
<input type="checkbox"/>	Job Application
<input type="checkbox"/>	NPI/Medicaid ID
<input type="checkbox"/>	Liability Insurance
<input type="checkbox"/>	Workman's Comp Insurance
<input type="checkbox"/>	Self-care plan



Practicing in a Digital World



For telehealth you must be licensed in the state in which the client is physically during the session.

- Ethics
- HIPPA Compliance (BAA)
- Board Requirements

ATR & LPAT



How do I art online? - Digital Art Therapy Suggested reading: Malchiodi, C. (2018). The Handbook of Art Therapy and Digital Technology. Philadelphia, PA: Jessica Kingsley Publishers.

What should I choose?

	Benefits	Potential Challenges
Private Practice	<ul style="list-style-type: none">• Flexible hours• Work at your own pace• You set your caseload• Have it your way!• Telehealth options	<ul style="list-style-type: none">• More work maintaining practice• Expensive on the front end• Cost to maintain practice• Responsible for your own insurance billing• Cost of advertising/ networking/marketing• Maintaining LLC• Up to 6-8 weeks to process payment• Out of pocket for insurance, retirement, and time off• Out of pocket supervision
Contracting	<ul style="list-style-type: none">• Largely flexible hours• You can set limits on your workload• Assisted with insurance panels• Assisted with filing billing procedures• Assisted with marketing/ advertising• Space provided• Telehealth options	<ul style="list-style-type: none">• Shoulder some costs of maintaining practice• % or flat rate of your pay goes to contracting company• Maintaining LLC• Up to 6-8 weeks to process payment• Shoulder some advertising for specialization• Out of pocket for insurance, retirement, and time off• Out of pocket supervision
Salary Employment	<ul style="list-style-type: none">• Benefits (health insurance, retirement, job security, paid time off)• Billing is managed for you• Liability insurance sometimes included• Regular/predictable paychecks• High frequency of face-to-face with clients• Sometimes supervision is included• Some telehealth options	<ul style="list-style-type: none">• Schedule not as flexible• No promise promotions or raises• Usually large caseload• High focus on productivity• Community mental health clientele

Supplemental Materials

Additional Sources:

<https://www.atcb.org/>

<https://arttherapy.org/>

Suggested Reading:

Gretchen Miller (2018). *The Art Therapist's Guide to Social Media: Connection, Community and Creativity*. New York, NY: Taylor & Francis.



Final Important Things...

- June 9th, 2022: Advocacy Training Session through AATA; watch for emails!
- Tyler Kirby, AATA's Policy & Public Affairs Manager...get involved! Contact Tyler at <mailto:TKirby@arttherapy.org> 703-548-5862
- All member meetings held virtually 7:00-8:00p ET
 - ◆ July 21st, October 20th and December 7th
- National Conference in person and virtual, Minneapolis, MN, November 9-13th

[Evaluations](#)